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| **Date** | **CME** | | **Topic** | **Stamped/Signed** |
|  | **Category** | **Points** |  |  |
| 14/01 | 6 | 2 | Graduate Member, British Psychological Society | DOC1 BPS Receipt |
| 04/04 | 6 | 2 | Registration with AHPCZ | DOC 2 Certificate |
| 21/01 | 4 | 2 | TSG Olga Nel Review, Reset, Renew | DOC 3 Verhey |
| 17/02 | 4 | 2 | TSG Rachel Makoni: Infant Mental Health and the first 1000 days | DOC 3 Verhey |
| 17/03 | 4 | 2 | TSG Vanessa Hounsell Expressive Arts Therapy: An Alternative, Holistic Approach | DOC 3 Verhey |
| 30/03 | 2 | 1 | Long Covid and Health Workers personal and professional lives | DOC 4 Flier |
| 12/04 | 2 | 2 | WHO QualityRights e-training Launch Event | DOC 5 Flier |
| 21/04 | 4 | 2 | TSG Marvellous Munhuwa on Role of emotion on learning | DOC 3 Verhey |
| 26/04 | 2 | 1 | How Emotional Dysregulation & ADHD Transform Teen Relationships ( ADDITUDE Webinar Ellen B. Littman) | DOC 4 Certificate of attendance |
| 08/05 | 2 | 1 | Understanding and Managing Loneliness British Counselling Tutor | Doc 5A Loneliness |
| 19/05 | 2 | 1 | Anxiety in Children: Overlooked Signs and Effective Supports.Dr. Caroline Buzanko | DOC 6 Anxiety |
| 24/05 | 2 | 1 | Migraine Headaches and ADHD Sarah Cheyette, M.D | DOC 7 Headaches and ADHD |
| 16/06 | 4 | 2 | TSG:How to Stay Sober Dr Emmanuel Nzuzu | DOC 3 Verhey |
| 27/07 | 2 | 2 | Visual media and body image across cultures Prof Lynda Boothroyd | DOC 8 Body Image |
| 29/07 | 2 | 2 | Healthy Minds, Healthy schools Prof Lynda Boothroyd | DOC 9 Healthy Minds Healthy Schools |
| 23/8 | 2 | 1 | Social Emotional Training for Teachers and Parents of Kids with ADHD Dr Caroline Maguire | DOC 21 Social Emotional Training |
| 10/09-11/09 | 2 | 10 | 2022 Suicide Prevention Summit ( 10 Sessions) | DOCS 10 -19 |
| 13/09 | 4 | 2 | Case conference Dr Verhey | DOC 3 Verhey |
| 22/09 | 2 | 1 | Current Guidelines for Treatment and Behavioral Interventions for Tourette Syndrome and Tic Disorders Dr John Piacentini | DOC 20 Tourette Syndrome and Tic Disorders |
| 7/10 | 2 | 2 | Friendship Bench Workplace Mental Wellbeing : Awareness To Action. | Doc 21A |
| 10/10 | 4 | 4 | Case Presentation - I presented a case Dr Verhey’s supervision group | DOC 3 Verhey |
| 20/10 | 4 | 2 | Kathy Harter TSG : resilience and boundaries | DOC 3 Verhey |
| 31/10 | 2 | 2 | ADHD, Self-Regulation, and Executive Functioning Dr Russell Berkley | DOC 22 ADHD and executive function |
| 17/11 | 4 | 4 | Cathy Marx TSG Positive psychology in Clinical Work | DOC 3 Verhey |
| 29/11 | 4 | 2 | Case conference Dr Verhey | DOC 3 Verhey |
| 9/122 | 2 | 2 | Race, discrimination xenophobia in mental health - Lancet | Doc 23 Lancet |
| **Total Points 57** | | | | |